Physical Activity and Sport Borough Profile 2017
Physical Activity and Sport in Lambeth

This document has been prepared by London Sport to provide an indication of the profile of physical activity and sport across Lambeth. Combining information on participation behaviours, demographics, health profiles, education data, facilities provision and funding opportunities, the Lambeth physical activity and sport profile provides insight on the trends and indicators that sit behind levels of participation in physical activity and sport in the borough.

For Lambeth, current levels of physical activity and sport participation paint a positive picture. Regular participation levels in both physical activity and sport are higher than the London average, and health data highlights low adult obesity levels and a lower than average cost of inactivity.

London Sport has set a target of getting 1,000,000 Londoners more active by 2020. This report is designed to provide the sector with the data and information they need to develop physical activity and sport in Lambeth.
The demographic data explored here refer to population numbers, ethnicity, gender, age, religion, disability, qualifications, employment status and socio-economic grade. Among Lambeth's population of 326,695, it is notable that there is a high percentage of young people aged 16-34, higher than average employment, and a well educated population.

**LAMBETH POPULATION**

![Gender Split](gender_split.png)  
**AGE**

- 0-15: 17.3%
- 16-25: 12.9%
- 26-34: 25.2%
- 35-44: 16.7%
- 45-55: 12.1%
- 55-64: 7.8%
- 65+: 7.9%

**ETHNICITY**

- White: 66.5%
- Black: 21.2%
- Mixed: 4.7%
- Chinese/Other: 4.4%
- Asian: 3.1%

**RELIGION**

- Christian: 50.5%
- Buddhist: 0.9%
- Hindu: 0.5%
- Jewish: 0.8%
- Muslim: 4.5%
- Sikh: 0.2%
- Other: 1.9%
- No Religion: 40.8%

**LONG-TERM HEALTH CONDITIONS AND DISABILITY**

- Not Limited: 87.2%
- Limited a Little: 6.6%
- Limited a Lot: 6.1%

Percentage of the population with highly limiting, mildly limiting, and no long-term health conditions or disabilities. This graph refers to the ability of both non-limited and limited people to carry out day-to-day activities, with or without the use of devices (e.g. hearing aid).
DEMOGRAPHICS

HIGHEST QUALIFICATION ACHIEVED

Qualification data presents the highest level of qualification held by all usual residents aged 16 and over in Lambeth

<table>
<thead>
<tr>
<th>Qualification Level</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Qualification</td>
<td>14.2%</td>
</tr>
<tr>
<td>NVQ1</td>
<td>8.5%</td>
</tr>
<tr>
<td>NVQ2</td>
<td>9.8%</td>
</tr>
<tr>
<td>NVQ3</td>
<td>1.1%</td>
</tr>
<tr>
<td>NVQ4+</td>
<td>9.7%</td>
</tr>
<tr>
<td>Trade Apprenticeship</td>
<td>46.6%</td>
</tr>
<tr>
<td>Other Qualification</td>
<td>10.1%</td>
</tr>
</tbody>
</table>

SOCIO-ECONOMIC STATUS

National Statistics Socio-Economic Classification (NS-SEC) is the primary social classification in the UK. The different grade measures provide an indication of social standing by education, income and occupation

<table>
<thead>
<tr>
<th>Socio-Economic Status</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>NS-SEC 1-2</td>
<td>41.3%</td>
</tr>
<tr>
<td>NS-SEC 3-4</td>
<td>18.2%</td>
</tr>
<tr>
<td>NS-SEC 5-7</td>
<td>22.9%</td>
</tr>
<tr>
<td>L14.1 Never Worked</td>
<td>5.6%</td>
</tr>
<tr>
<td>L14.2 Long-term Unemployed</td>
<td>2.3%</td>
</tr>
<tr>
<td>L15 Full Time Students</td>
<td>9.8%</td>
</tr>
</tbody>
</table>

LABOUR MARKET

The Indices of Multiple Deprivation measures relative levels of deprivation across 32,844 small areas. Areas are ranked according to 7 sub-domains: health, income, employment, education, crime, barriers to housing, and living environment. The map below highlights highly deprived areas in light blue and those less deprived in dark blue. Lambeth has higher than average levels of deprivation.

KEY CONTACTS

London Sport Insight Team
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Tel: 0207 868 5055

Borough Council
Email: infoservice@lambeth.gov.uk
Tel: 020 8708 0955

GLA City Data Team
Email: datastore@london.gov.uk

DATA SOURCES

1. GLA 2015 Round Population Projections
2. ONS Annual Population Survey 2015
3. ONS Census 2011
4. English Indices of Multiple Deprivation 2015
PHYSICAL ACTIVITY AND SPORT PARTICIPATION

London Sport utilises physical activity and sport participation data to monitor progress against the target of getting 1,000,000 Londoners more active by 2020. Sport England’s Active People Survey 10 (2015/16) highlights that participation in physical activity and sport in Lambeth is higher than the London average, however, despite an increase in male activity levels, female activity levels have decreased.

SPORT PARTICIPATION TRENDS SINCE 2005/06

PARTICIPATION RATE BY ETHNICITY

This data compares the levels of regular (at least once per week) sport participation among white and BAME groups (Black, Asian and Minority Ethnics).

PARTICIPATION BY GENDER

1x30 MINUTES PARTICIPATION
**Physical Activity and Sport Participation**

**London Wide Data**

Unavailable at borough level, this data highlights London level sport participation by disability, socio-economic status and age.

<table>
<thead>
<tr>
<th>Participation by Disability</th>
<th>Participation by Socio-economic Status</th>
<th>Participation by Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Limited</td>
<td>NSSEC 1-4</td>
<td>14-25</td>
</tr>
<tr>
<td>19%</td>
<td>40.9%</td>
<td>54.9%</td>
</tr>
<tr>
<td>Not Limited</td>
<td>NSSEC 5-8</td>
<td>26-34</td>
</tr>
<tr>
<td>40.7%</td>
<td>40.9%</td>
<td>41.8%</td>
</tr>
</tbody>
</table>

**Participation in Organised Sport**

![Graph showing participation in organised sport from 2005/06 to 2015/16]

**Indoor vs Outdoor Participation 2015/16**

<table>
<thead>
<tr>
<th></th>
<th>Lambeth Indoor</th>
<th>London Indoor</th>
<th>Lambeth Outdoor</th>
<th>London Outdoor</th>
</tr>
</thead>
<tbody>
<tr>
<td>INDOOR</td>
<td>31.5%</td>
<td>26%</td>
<td>22.8%</td>
<td>18.4%</td>
</tr>
<tr>
<td>OUTDOOR</td>
<td>22.8%</td>
<td>22.8%</td>
<td>22.8%</td>
<td>22.8%</td>
</tr>
</tbody>
</table>

**Latent Demand**

Latent demand refers to the percentage of people who would like to do more sport than they currently do. Inactive people are those who do less than 30 minutes a week.

- **Total Latent Demand**: 65%
- **Active Latent Demand**: 26.3%
- **Inactive Latent Demand**: 38.6%

**Key Contacts**

- Ellie Chapman (London Sport Relationship Manager)
  - ellie.chapman@londonsport.org
  - Tel: 07824636411

- Trevor East (Community Sport & Physical Activity Manager)
  - teast@lambeth.gov.uk
  - Tel: 020 7926 6065

- Rodney Craig (Senior Community Sport Officer)
  - rrcraig@lambeth.gov.uk

**Data Sources**

- Sport England Active People Survey
ACTIVE LIVES
2015/16 RELEASE

Sport England’s Active Lives survey represents a new way of measuring the number of people taking part in physical activity and sport. Results can be used to measure outcomes against Sport England’s ‘Towards an Active Nation’ strategy and the Department for Culture, Media and Sport’s ‘Sporting Future’ strategy. In Lambeth, participation in sport or physical activity at least twice in the last 28 days (80.4%) is higher than the London average (77.8%) while physical inactivity is lower than average (21.3%). Attendance at live sporting events is more common than typically found across London.

PHYSICAL ACTIVITY MEASURE

This measure shows the percentage of the population achieving the recommended levels of physical activity* set out by the Chief Medical Officer. Active: >150 minutes a week Fairly Active: 30-149 minutes a week Inactive: 0-29 minutes a week

*Lambeth

ACTIVE 69.2%
FAIRLY ACTIVE 9.6%
INACTIVE 21.3%

London

ACTIVE 64.6%
FAIRLY ACTIVE 13.2%
INACTIVE 22.2%

*Includes gardening

SPORT SPECTATING

This measure presents the percentage of adults aged 16+ who have attended at least 2 live sports events in the last 12 months

LAMBETH 23.9%
Population Number 64,000

LONDON 21.6%
Population Number 1,494,100

KEY CONTACTS

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Tristan.Farron-Mahon@londonsport.org
Tel: 07903 850004

Sport England
Email: activelives@sportengland.org

DATA SOURCES

*Sport England Active Lives Survey (Jan 2017)
HEALTH

Health data helps to provide an illustration of the current implications of inactivity and the potential impact of increased participation in physical activity and sport. In Lambeth, it is notable that there is a higher percentage of overweight/obese children, but a lower rate of overweight and obese adults and lower cost of inactivity.

KEY CONTACTS
Barry Kelly (London Sport)
Barry.Kelly@londonsport.org
Tel: 07496 870962
Bimpe Oki
bimpe.oki@lambeth.gov.uk

DATA SOURCES
2ONS Annual Population Survey 2015
4Indices of Multiple Deprivation 2015
5Sport England Active People Survey
6Health Survey for England 2012-2014
7Public Health England
8Labour Force Survey 2011-2013
9UK Active

OVERWEIGHT AND OBESE CHILDREN\(^6\) AND ADULTS\(^5\)

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Percentage</th>
<th>Lambeth</th>
<th>London Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>AGED 4-5</td>
<td>23.4%</td>
<td></td>
<td>25.5%</td>
</tr>
<tr>
<td>AGED 10-11</td>
<td>39.1%</td>
<td></td>
<td>38.1%</td>
</tr>
<tr>
<td>ADULTS 16+</td>
<td>49.6%</td>
<td></td>
<td>58.4%</td>
</tr>
</tbody>
</table>

CARDIOVASCULAR HEALTH\(^7\)

86.1\%
CARDIOVASCULAR MORTALITIES (PER 100,000)\(^7\)
London average 78.7

60.3%
preventable Cardiovascular mortalities

SICKNESS ABSENCE\(^8\)

0.9%
London average 1.19%

Sickness absence relates to the percentage of working days lost to sickness related absence

MENTAL HEALTH\(^2\)

- LOW LIFE SATISFACTION: 7.8%
- LOW WORTHWHILE SCORE: 4.4%
- LOW HAPPINESS RATE: 11%
- HIGH ANXIETY RATE: 20%

COST OF INACTIVITY TO LAMBETH\(^*\)

£14,242,276
Per 100,000 Adults Aged 16+
London Local Authority Average £17,903,739

This rank provides a relative measure of health/disability deprivation against all 326 Local Authority areas in England. A rank of 1 is the most deprived.
**Education**

Education environments are vital aspects of the physical activity and sport landscape in London. Data on education can help identify opportunities for improved provision of physical activity and sport, creating positive habits among young people.

### School Facilities

- **Nursery**: 5
- **State-funded Primary Schools**: 60
- **State-funded Secondary Schools**: 18
- **Special Educational Needs**: 5
- **Pupil Referral Units**: 2
- **Independent Schools**: 11

### Pupil Numbers

- **Nursery**: 461
- **State-funded Primary Schools**: 22,816
- **State-funded Secondary Schools**: 13,427
- **Special Educational Needs**: 434
- **Pupil Referral Units**: 128
- **Independent Schools**: 2,316

### Free School Meals

- **Primary**: 24.6%
- **Secondary**: 25.8%

### Ethnicity

- **White**: 28.1%
- **Mixed**: 13.8%
- **Asian**: 5%
- **Black**: 41.4%
- **Chinese**: 0.6%
- **Other**: 5.4%

Education environments are vital aspects of the physical activity and sport landscape in London. Data on education can help identify opportunities for improved provision of physical activity and sport, creating positive habits among young people.

### Key Contacts

- **Gary Palmer (London Sport)**
  - Gary.Palmer@londonsport.org
  - Tel: 07810 637431

- **Ciara Eves (School Games Organiser)**
  - ceves@stmartins.lambeth.sch.uk

- **Cedric Kabongo (College Sports Maker)**
  - ckabongo@lambethcollege.ac.uk
  - Tel: 020 7501 5892

### Data Sources

- Department for Education
- London Sport
One of London Sport’s five strategic aims is focussed on getting more resources for physical activity and sport in London, and doing more with the resources currently available. This section identifies funding opportunities available to grassroots sport across Lambeth and London, some of which are managed and administered by London Sport, others which represent alternative funding pots available in the capital. For further funding information please refer to the London Sport Funding Search Tool.

<table>
<thead>
<tr>
<th>FUND NAME</th>
<th>AMOUNT</th>
<th>CLOSING DATE</th>
<th>APPLICATION LINK</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sport England Small Grants</td>
<td>£300 - £10,000</td>
<td>Open All Year Round</td>
<td><a href="http://funding.londonsport.org/grants/sport-england-small-grants">http://funding.londonsport.org/grants/sport-england-small-grants</a></td>
</tr>
<tr>
<td>Sport England Community Asset Fund</td>
<td>£1,000 - £150,000</td>
<td>Open All Year Round</td>
<td><a href="https://www.sportengland.org/assetfund/">https://www.sportengland.org/assetfund/</a></td>
</tr>
<tr>
<td>London Marathon Charitable Trust</td>
<td>£5,000 - £150,000</td>
<td>Open All Year Round</td>
<td><a href="http://funding.londonsport.org/grants/london-marathon">http://funding.londonsport.org/grants/london-marathon</a></td>
</tr>
<tr>
<td>Comic Relief Levelling The Field UK</td>
<td>£30,000 - £250,000</td>
<td>16th March 2017</td>
<td><a href="http://funding.londonsport.org/grants/comic-relief-levelling-the-field">http://funding.londonsport.org/grants/comic-relief-levelling-the-field</a></td>
</tr>
<tr>
<td>The City Bridge Trust</td>
<td>No Min or Max</td>
<td>Variable</td>
<td><a href="http://funding.londonsport.org/grants/city-bridge-trust">http://funding.londonsport.org/grants/city-bridge-trust</a></td>
</tr>
<tr>
<td>Big Lottery Fund Various Grants</td>
<td>Variable</td>
<td>Variable</td>
<td><a href="http://funding.londonsport.org/grant/search">http://funding.londonsport.org/grant/search</a></td>
</tr>
<tr>
<td>Peter Minet Trust</td>
<td>Up to £5,000</td>
<td>20th July 2017</td>
<td><a href="http://funding.londonsport.org/grants/peter-minet-trust-southwark-and-lambeth-only">http://funding.londonsport.org/grants/peter-minet-trust-southwark-and-lambeth-only</a></td>
</tr>
<tr>
<td>Sir Walter St John’s Educational Charity - Small Education Grants</td>
<td>Up to £1,000</td>
<td>Rolling deadline</td>
<td><a href="http://funding.londonsport.org/grants/sir-walter-st-john-s-educational-charity-small-education-grants">http://funding.londonsport.org/grants/sir-walter-st-john-s-educational-charity-small-education-grants</a></td>
</tr>
<tr>
<td>Sir Walter St John’s Educational Charity - Strategic Grants</td>
<td>Up to £30,000</td>
<td>TBC</td>
<td><a href="http://funding.londonsport.org/grants/sir-walter-st-john-s-strategic">http://funding.londonsport.org/grants/sir-walter-st-john-s-strategic</a></td>
</tr>
<tr>
<td>Battersea Power Station Foundation: Spring Fund</td>
<td>Up to £5,000</td>
<td>Rolling deadline</td>
<td><a href="http://funding.londonsport.org/grants/battersea-power-station-foundation-spring-fund">http://funding.londonsport.org/grants/battersea-power-station-foundation-spring-fund</a></td>
</tr>
<tr>
<td>Lambeth Community Fund</td>
<td>Up to £10,000</td>
<td>TBC</td>
<td><a href="http://funding.londonsport.org/grants/lambeth-community-fund">http://funding.londonsport.org/grants/lambeth-community-fund</a></td>
</tr>
</tbody>
</table>

**KEY CONTACTS**

Caroline Brooks (London Sport)
Caroline.Brooks@londonsport.org
Tel: 0207 868 5055

**LONDON SPORT FUNDING SEARCH TOOL**
Click above to access London Sport’s free online funding search tool specifically designed for physical activity and sport in London.
**FACILITIES**

Facilities statistics help to demonstrate the availability of appropriate sport facilities across London, their ownership and the wider availability of parks and open spaces within a defined region. Facility availability is one of the key considerations for grassroots sport and this data helps to identify the areas in which improved provision could have a positive impact. All facilities data displayed is from Sport England Active Places Power. Parks and Open Spaces data is sourced directly from Local Authority resources.

### Facilities per 100,000 Population

- **253 Facilities**
  - **26 Artificial & 3G Pitches**
  - **4 Cricket Pitches**
  - **12 Football Pitches**
  - **45 Tennis Courts**
  - **18 Swimming Pools**
  - **37 Sports Halls**

### Sports Club Membership Rate

- **22.7%**

### Facility Ownership

- **Commercial 24.1%**
- **Sports Clubs 6.3%**
- **Educational 22.9%**
- **Local Authority 43.1%**
- **Other 3.6%**

### Parks and Open Spaces

*Does not include all parks and open spaces in borough*

- **Clapham Common:** Athletics, all weather pitch, basketball, bowls, netball, football, Australian rules football, skateboarding, softball, tennis, cricket (pitch and nets), rugby, running, cycling, walking
- **Brockwell Park:** All weather pitch, athletics, basketball, BMX track, bowls, cricket football, running, walking, tennis cycling
- **Kennington Park:** All weather pitch, athletics, tennis, walking, running, netball, football, hockey, basketball
- **Ruskin Park:** All weather pitch, athletics, basketball, walking, running, cricket football, rugby, tennis
- **Norwood Park:** Athletics, football, open space, walking, running, cycling
- **Myatt’s Fields Park:** All weather pitch, athletics, tennis, walking, running, cycling
- **Streatham Common:** Football, walking, running, cycling, open space
- **Agnes Riley Gardens:** All weather pitch, athletics, basketball, football

### Key Contacts

Caroline Brooks (London Sport)
Caroline.Brooks@londonsport.org
Tel: 07496 870965

### Data Sources

- Sport England Active People Survey
- Sport England Active Places Power
- LB Lambeth Parks and Open Spaces
ACTIVE TRAVEL

Walking and cycling are good for our physical and mental health. TfL and Public Health England are aiming to switch more journeys to active travel in order to improve health, quality of life and the environment, and local productivity, while at the same time reducing costs associated with inactivity. In Lambeth, the proportion of residents regularly undertaking travel by active methods (walking and cycling) is higher than the London average. Across London, the rate of active travel has been increasing steadily since 2006.

WALKING FOR TRAVEL

Percentage of adults that walk for utility purposes at least:

- 1xMonth: 75.3%
- 1xWeek: 69.5%
- 3xWeek: 54.9%
- 5xWeek: 40.0%

Cycling for Travel

Percentage of adults that cycle for utility purposes at least:

- 1xMonth:
  - Lambeth: 12.3%
  - London: 8.7%
- 1xWeek:
  - Lambeth: 10.0%
  - London: 6.5%
- 3xWeek:
  - Lambeth: 5.3%
  - London: 3.8%
- 5xWeek:
  - Lambeth: 5.2%
  - London: 2.3%

Utility refers to cycling/walking for purposes other than recreation (e.g. commuting, shopping etc.)

DAILY MODE OF TRANSPORT SHARE (LONDON)

Breakdown of daily journeys by mode of transport across London

DATA SOURCES

- Transport for London 2015

ESTIMATED DAILY TRANSPORT VOLUMES (LONDON)

The number of residents utilising walking or cycling as methods of travel on a daily basis in London.

KEY CONTACTS

- Transport for London
  communityengagement@tfl.gov.uk
- Barry Kelly (London Sport)
  Barry.Kelly@londonsport.org
  Tel: 07496 870962

LAMBETH BOROUGH PROFILE FEBRUARY 2017
DATA.LONDONSPORT.ORG
Sportivate is a £56 million Lottery funded London 2012 Legacy project that gives more young people the chance to discover a sport that they love. The programme gives 14-25 year-olds access to six-to-eight weeks of free or subsidised coaching in a range of sports. Activities on offer include judo, dodgeball, tennis, golf, athletics, parkour and many more. 3,912 participants have taken part in Sportivate projects in Lambeth since the programme started in 2011; this is below the average number of participants per borough.

ClubWorks is a brand new programme, managed by London Sport and funded by Greater London Authority, designed to support and develop clubs and organisations in London over the next three years to: develop coaches/volunteers; attract new members; access funding; and plan for the future. In Lambeth there are currently 12 ClubWorks club; this is above the average number of clubs per borough.

Satellite Clubs are extensions of community sports clubs, and are established in secondary schools or colleges in order to target 11-25 year-olds. The aim of these clubs is to provide opportunities for under-represented groups, such as BAME groups, females and disabled young people, to take part in physical activity and sport. There have been a total of 5 new Satellite Clubs set up in 2016/17; together with the 12 sustained clubs in Lambeth, the programme has contributed to many more young people getting active.

Workplace Challenge is a national programme run by the County Sports Partnership Network (CSPN) and funded by Sport England. It aims to engage workplaces in physical activity and sport and get them active through tracked progress and by providing sport and fitness opportunities. 150 participants are currently signed up to Workplace Challenge in Lambeth; this is above the average number of participants per borough.

KEY CONTACTS
Ellie Chapman (London Sport Relationship Manager for Lambeth)
ellie.chapman@londonsport.org
Tel: 07824 636411
The data contained within this profile is designed to support the development of physical activity and sport in Lambeth. According to their strategy, key development priorities for Lambeth are to build residents confidence to participate in physical activity and sport, increase opportunity for people to be active in their daily lives, make facilities more locally accessible, work with local community and business groups to increase activity, and to enhance the reputation of Lambeth as a destination for physical activity and sport.

Whether it's helping National Governing Bodies to understand the needs of their London based members, or helping Local Authorities understand local areas in order for them to focus their physical activity and sport offer, our specialist Insight team are able to advise, create and deliver on a range of services.

Speak to us now about working together to help London become the most physically active city in the world.

Email: insight@londonsport.org
Website: data.londonsport.org